



Science and Outdoor Education School

Student Packet (2015)

Dear Parents & Students,

Your student's visit to Pathfinder Ranch is sure to be filled with new experiences and memories. Since we are committed to providing a safe and fun learning environment, we need a little help in preparing your student for his/her visit. Please carefully review this packet and return all of the necessary forms to your coordinating teacher. If any form is not completely filled out, your student might not be able to participate in any activities until the missing sections/forms are completed and faxed or emailed to Pathfinder Ranch. Enclosed you will find the following information and forms:

Activities & Classes – This page describes the overall camp experience.

Health & Safety Introduction – This form addresses many frequently asked questions regarding medications and health services at Pathfinder, as well as our limitations. Please contact us at 951-659-5036 or eric@pathfinderranch.com if your child requires special accommodations.

Student Information Form – It is essential that this form be properly completed. Unsigned and/or incomplete forms will result in your student being unable to participate until the completed form is received by Pathfinder staff. Be sure to include dietary restrictions and physical limitations.

Medication Order Form – For Benadryl, Tylenol, and/or ibuprofen It is not necessary to complete a Medication Order Form (Pathfinder's infirmary stocks these basic medications and Pathfinder health staff have standing orders, from a physician, to administer them as needed). For all other medications, the Medication Order Form must be completed in order for medications to be administered.

Student Behavior Contract – This form outlines the behavioral expectations of your student while at Pathfinder. Please read through this page carefully with your student. After reading it both of you must sign it.

Equipment List – Please be sure to send your student with the listed essential gear. The weather varies drastically in the mountains, so double check the weather link (<http://pathfinderranch.com/ranch-weather/>) on our website. It is critical that your child is prepared for his/her visit.

Please contact your coordinating teacher with questions regarding your student's upcoming trip or visit our website at www.pathfinderranch.com for more information and photos.

See you soon.

Sincerely,

Ryan Mayeda
Outdoor Education Director



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ACTIVITIES & CLASSES

Your student's visit to Pathfinder Ranch is sure to be filled with new experiences and memories. Pathfinder Ranch is proud to offer a broad and engaging curriculum. Following is a list of the classes that we offer. Ultimately though, your student's teachers will decide which of these classes your students will participate in. Please visit our website (<http://pathfinderranch.org/science-classes-info/>) for a full description of each class and its focus.

Arrival Day

Students must bring a sack lunch to eat upon their arrival at Pathfinder Ranch. Pathfinder does not provide lunch on the first day. After this sack lunch, students split into their study groups and receive a detailed orientation to campus and our policies/procedures.

Academic Classes

Animal Ecology, Archaeology, Farm & Garden, Farm Energetics, Forest Ecology, Fresh Water Ecology, Fire Ecology, Energy, Ethnobotany, Geology, Herpetology, Nature Center, Nature Observation

Recreational Classes

Archery, Canoeing, ExCEED (Equine-Centered Experiential Education), Horseback Riding, Horsemanship, Orienteering, Rock Climbing (Alpine Tower, Climbing Wall, Sunburst), Survival Skills, Team Challenge, Hikes (Rock Point, Gold Mine, Land Bridge)

All Group Activities

Predator & Prey, Elective Classes, Mad Science Fair, Lorax & Town Meeting, Free Time

Evening Programs

Astronomy, Campfire, Lorax & Town Meeting, Mad Science Fair, Night Hike

All of us at Pathfinder Ranch look forward to providing your child with a safe, fun, and exciting learning experience!



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HEALTH & SAFETY INTRODUCTION

Pathfinder health staff is on-call 24 hours a day. Health staff will address first-aid and illness, as well as distribute all student medications. If a student requires care for a chronic condition or has special medical needs (such as diabetes), it is the parent/guardian's responsibility to attend or provide a caregiver to attend, to care for the student's condition for the entirety of the student's stay. Arrangements must be approved by Pathfinder health staff and the trip coordinator at least two weeks prior to attendance.

STUDENT INFORMATION FORM

- For every student, a **Student Information Form** must be completed and **signed** by the parent/guardian. An incomplete **Student Information Form** will result in delayed participation and/or student departure.

MEDICATION ORDER FORM

- **Prescription (Rx) medication** must be accompanied by a **Medication Order Form**, signed by a physician AND a parent/guardian. The pharmacist's label must be legible and display the patient's full name.
- **Over-The-Counter (OTC) medication**
 - For OTC medication, a parent/guardian's signature is required on the **Medication Order Form**. A physician's signature is not required for OTC medication.
 - Pathfinder Ranch has standing orders, approved by a physician, to administer **Benadryl, Tylenol, and/or ibuprofen** as needed. The Pathfinder Ranch infirmary stocks these medications. It is not necessary to send these medications, nor is it necessary to complete a Medication Order Form for Benadryl, Tylenol or ibuprofen unless the medication is to be administered in a manner other than as directed on the manufacturer's label, or to be administered on a regularly scheduled basis.
- **ALL MEDICATIONS MUST BE IN THEIR ORIGINAL CONTAINERS.**
- All medications must be non-expired.
- All medications will be kept under lock and key, and administered only by Pathfinder Ranch health staff (the one exception being emergency medication).
- For **EMERGENCY MEDICATION** (i.e. Epi-pen, albuterol inhaler, nebulizer), a medication order on-file at school may be used. A medication order kept on-file at school **will only suffice for emergency medication**. It is the parent/guardian's responsibility to ensure all files/forms are submitted to the trip coordinator.
- Please mark albuterol **INHALERS** with student's name, using **PERMANENT MARKER**. Inhalers must be non-expired and accompanied by the original prescription box. Emergency inhalers will be issued to the students to whom they belong, on the first day, to carry with them at all times.
- All medications and **Medication Order Forms** must be submitted to the trip coordinator prior to departure from school, and transferred from the school to Pathfinder Ranch by the trip coordinator.
- For any treatment a parent/guardian does not want for their child, for religious or other reasons, the parent/guardian must submit to Pathfinder Ranch, a signed statement specifying the action to be taken should the student need care or treatment.
- For students with diabetes, or with any condition requiring care beyond the scope of practice of an EMT, please contact Pathfinder Ranch Health Staff by phone (951) 659-5036 ext. 22 or email eric@pathfinderranch.com, no later than 2 weeks prior to arrival.



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STUDENT INFORMATION FORM

NAME OF STUDENT: _____ BIRTH DATE: _____
LAST FIRST M.I.

HOME ADDRESS: _____
STREET CITY STATE ZIP

1. PARENT/GUARDIAN: _____

HOME PHONE: _____ CELL PHONE: _____ WORK PHONE: _____

2. PARENT/GUARDIAN: _____

HOME PHONE: _____ CELL PHONE: _____ WORK PHONE: _____

ADDITIONAL EMERGENCY CONTACT: _____ PHONE: _____

HEALTH HISTORY

Pertinent medical history, if any: _____

Any allergies and/or dietary restrictions: _____

Current medications (Rx or OTC): _____

Date of most recent tetanus shot (mm/yy) ___ / ___

Any camp activities from which the camper should be exempted, for health reasons: _____

Any condition(s) requiring medication, treatment, or special restriction/consideration while at camp: _____

I **DO NOT** grant permission for my child to ride horses and/or participate in any horse-related activities.

Only mark the box if you do not grant permission. *Permission is granted if box is left BLANK.*

Parent/Guardian Authorization: This information is correct, to the best of my knowledge. The student named above is considered physically, mentally and emotionally fit by me and able to participate in all authorized activities prescribed in the camp program agenda, except for those specified activities that I have listed as exclusions above. I understand that my child may be photographed while at Pathfinder Ranch and these images may be used in promotional materials. I am aware that the activities at Pathfinder Ranch may be physically challenging and, because of the setting, certain natural risks and hazards may exist. I agree to indemnify and hold harmless Pathfinder Ranch and its employees, servants and agents from and against all claims, loss, injury, death or liability resulting from, arising out of, or in any way connected with the above mentioned activity. I hereby attest that all immunizations required for school are up to date. I give permission to the camp health staff and/or trained personnel to administer prescribed, emergency, and OTC medications per Dr. standing orders. I also hereby give permission to the physician selected by Pathfinder Ranch to order any X-rays, routine tests and treatment necessary for the proper maintenance of my child's health. In the event that I should be unavailable in an emergency, I hereby give permission to the physician selected by Pathfinder Ranch to hospitalize, secure proper treatment for, and to order injections and/or anesthesia and/or surgery for my child as named above.

SIGNATURE: _____ DATE: _____

PATHFINDER RANCH MEDICATION ORDER FORM

Name of Student:	DOB:	School:	Session Dates:		
ALL MEDICATIONS MUST BE IN THEIR ORIGINAL CONTAINERS!!					
FOR PATHFINDER USE ONLY					
TIME	MON	TUE	WED	THR	FRI
AM					
PM					
HS					
# left in bottle: _____					
TIME	MON	TUE	WED	THR	FRI
AM					
PM					
HS					
# left in bottle: _____					
TIME	MON	TUE	WED	THR	FRI
AM					
PM					
HS					
# left in bottle: _____					

DIRECTIONS for Rx medications: form must be filled in and signed by a doctor AND a parent/guardian.
DIRECTIONS for OTC medications: form must be filled in and signed by a parent or legal guardian.

TO BE COMPLETED BY A PHYSICIAN and/or PARENT/GUARDIAN (see DIRECTIONS above)

Medication: _____ Amount to be given: _____

Reason to be given: _____

Freq: Daily BID TID QID PRN Times: AM Noon PM HS

Route: P.O. I.N. Inhalation Topical

Rx # or Lot #: _____ Exp. Date: _____ # in bottle: _____

Medication: _____ Amount to be given: _____

Reason to be given: _____

Freq: Daily BID TID QID PRN Times: AM Noon PM HS

Route: P.O. I.N. Inhalation Topical

Rx # or Lot #: _____ Exp. Date: _____ # in bottle: _____

Medication: _____ Amount to be given: _____

Reason to be given: _____

Freq: Daily BID TID QID PRN Times: AM Noon PM HS

Route: P.O. I.N. Inhalation Topical

Rx # or Lot #: _____ Exp. Date: _____ # in bottle: _____

Physician's Signature: _____ **Date:** _____

I hereby give permission to Pathfinder Ranch to administer, to my child, the medication listed above.

Signature of Parent/Guardian: _____ **Date:** _____

Physician's Stamp

For Pathfinder Use Only	Initials: _____	Signature: _____	Name: _____
	Initials: _____	Signature: _____	Name: _____
			Health Director
			Evening Manager



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Student Behavior Contract

1. I agree to **RESPECT MYSELF** by:
 - a. Having a positive attitude
 - b. Always trying my hardest
 - c. Trying new things
 - d. Finding an adult to help me when I am scared or sick
2. I agree to **RESPECT OTHERS** including:
 - a. Pathfinder staff
 - b. All other students
 - c. All chaperones
 - d. Classroom teachers
3. I agree to:
 - a. Be a good team member, sharing, and taking turns
 - b. Listen and follow directions
 - c. Do my share of work
 - d. Respect other peoples' belongings
 - e. Not fight, bully, tease, or use bad language
4. I agree to **RESPECT the NATURAL & BUILT ENVIRONMENT** by:
 - a. Keeping places CLEANER than I found them
 - b. Remembering that we are visitors to the home of the plants and animals at Pathfinder Ranch
 - c. Not misusing or vandalizing the buildings or equipment at Pathfinder Ranch
 - d. Not throwing or kicking things (rocks, pine cones, sticks, snow, etc...)
5. I agree to learn and have fun while being **SAFE**:
 - a. Staying with my group
 - b. Making sure I am with an adult at all times
 - c. Walking at all times
 - d. Following directions
6. I understand that if I choose to behave inappropriately, the following steps may be taken:
 - a. Behavior improvement request by an adult
 - b. Warnings and discussion with classroom teacher
 - c. Final warning and a call to my parents
 - d. My parents called to take me home

I have read this contract and agree to follow the rules as they are outlined. I understand that I could lose my privilege in attending if I fail to follow them. I understand that Pathfinder Ranch is a school and operates under the same behavior expectations and consequences as my school.

Students' Name Printed _____ School Name _____

Students' Signature _____ Date _____

Parents' Signature _____ Date _____

By signing this form, I the parent/guardian of the aforementioned student, agree to provide or arrange for immediate transportation from Pathfinder Ranch if for any reason departure from camp is recommended for my son/daughter.



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EQUIPMENT LIST

IMPORTANT NOTES

- Students must be able to carry ALL of their luggage.
- Pack all clothing and gear in one suitcase or duffel bag. Sleeping bag should be carried separately. Do not bundle luggage, because it makes packing the buses very difficult.
- Label all personal items and expect them to possibly get lost, dirty, and/or broken.
- Our mountain weather varies widely, so check the weather reports (<http://pathfinderranch.com/ranch-weather/>) a few days prior to determine if you'll need the extra cold weather and/or warm weather gear.

ESSENTIAL GEAR

CLOTHING

- Tennis Shoes/ Boots- 2 Pair
- Warm Socks- 2 Pair/Day
- Underwear- 1 Pair/Day
- Long Pants- 3 Pair
- Short or Long Sleeve Shirts- 1/Day
- Sweaters or Sweatshirts- 2
- Warm Jacket
- Rain Gear
- Hat (Sun Protection)

DORMITORY EQUIPMENT AND TOILETRIES

- Sleeping Bag
- Pillow
- Towel
- Soap & Shampoo
- Sunscreen
- Chapstick
- Toothbrush and Paste
- Comb/Brush
- Personal Hygiene Items

CLASS ITEMS

- Water Bottle/Canteen With Name
- Pencil or Pen
- Day Pack (Drawstring or Backpack)

COLD WEATHER GEAR

- Extra Sweater or Sweatshirt
- Thermal Underwear
- Warm Gloves
- Winter Hat (e.g. Beanie)
- Scarf
- Thick Winter Jacket

WARM WEATHER GEAR

- Shorts- 2 Pair

OPTIONAL LIST

- Plastic Bags (Laundry)
- Shower Sandals
- Sunglasses
- Camera
- Watch
- Reading Book, Playing Cards, Or Quiet Game

ITEMS NOT ALLOWED

- Phone
- Candy, Gum, or Food
- Radio
- Electronic Games
- Blow Dryers
- Curling Irons
- Aerosol Sprays
- Knives/Weapons